

Art Explorer

Plan 2025

Introductory Visual Arts Course for Children

Objectives: To explore the visual arts through 4 essential classes where they will learn basic forms of artistic expression, the use and familiarization with materials.

This course is aimed at children with little or no experience in visual arts.

The classes will be easy to learn through entertaining dynamics that will help the development of some intelligences such as spatial (visual) intelligence, intrapersonal intelligence (self-understanding) and cognitive and psychomotor skills.

Below is the description of each class.

Class 1	
Theme	Materials
-In this class they will learn the basics of drawing through strokes, geometric figures, psychology of color, light and shadow, proportion, planes.	-HB pencil -Draft -Colored Pencil -Paper -Pencil sharpener

Class 2	
Theme	Materials
-Watercolor: In this class they will learn the use of Watercolor in the elaboration of simple landscapes using the effect of analogy and anthology.	-Watercolor paper. -2 Brushes (wide and thin) -Watercolor painting set. -Towel paper

Class 3	
Theme	Materials
-Acrylic Painting: In this class students will come into contact with acrylic paint, they will paint a fruit and an animal	-Acrylic paint. -2 brushes, (wide and thin) -Canvases (?) -Towel paper

Class 4	
Theme	Materials
-Paper mask: Cut, fold, and glue. Students will make a wolf paper mask using mold, scissors, and glue.	-Round scissors -Extra strong white glue -Mask mold

Note: If any of the topics remain unfinished, an extra day will be given to finish any of the projects that are pending.

Additional: Here we mention some of the advantages that the visual arts provide to our personal development.

1. **Development of creativity:** The visual arts encourage personal expression and allow students to develop their creative capacity. Experimenting with different mediums and techniques helps them think more innovatively.
2. **Improved motor skills:** Through activities such as drawing, painting, sculpting, or modeling, fine motor skills and hand-eye coordination are improved. These types of skills also apply to other areas of daily life.
3. **Stimulation of observation:** Art develops the ability to observe the environment in a more detailed and conscious way, which enhances attention and critical thinking. Students learn to analyze shapes, colors, textures, and composition.
4. **Emotional expression:** Art offers an avenue for expressing emotions and thoughts that can be difficult to communicate verbally. This helps to improve emotional well-being and manage stress or complex emotions.
5. **Promoting self-esteem and confidence:** The process of artistic creation allows people to experience personal achievement when creating something original. This reinforces self-esteem and generates a sense of pride in the work done.
6. **Critical thinking development and problem-solving:** Art is not only about creating, but also about decision-making. Students learn to face challenges and find solutions as they solve visual, compositional, or technical problems.
7. **Cultural and historical connection:** Through the visual arts, different cultural traditions and historical periods can be explored, promoting understanding and respect for diversity.
8. **Encouraging teamwork:** In collaborative settings, such as workshops or group projects, art promotes teamwork, cooperation, and effective communication.
9. **Improved focus and patience:** Visual arts require dedication and concentration, which helps students develop discipline, patience, and persistence to complete a project.
10. **Relationship with other disciplines:** Learning the visual arts can also enrich other areas of knowledge, such as science, mathematics and literature, providing a comprehensive vision of the world and its connections.

Learning the plastic arts not only contributes to artistic development, but also to personal, social and academic growth, providing valuable tools for everyday life.

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